

# 37<sup>th</sup> Judicial District

## VETERANS TREATMENT COURT

### Participant Handbook



### Mission Statement

*The Randolph County Veterans Treatment Court (VTC) has an awesome mission! They're all about helping veterans who might be in trouble with the law. It's like a supportive team where veterans get the help they need to get better, stay out of trouble, and fit back into life in the community. With good care and guidance, they can really turn things around and thrive!*

# **Welcome To**

## **The Randolph County Veterans Treatment Court**

The Randolph County Veterans Treatment Court Program is a great way for veterans who have struggles with drugs and/or alcohol to get help instead of just getting punished for breaking the law. This program is organized and helps veterans by giving them rules and support to kick their bad habits. It also makes sure veterans can talk regularly with judges and mentors who have been in their shoes, and people from the Veterans Administration.

What makes this court so special is that it brings together help for addiction, legal issues, and veteran support all in one place, which doesn't usually happen. This court really wants to help veterans get back on track and make better choices in their lives. It's an awesome chance for them to change their lives.

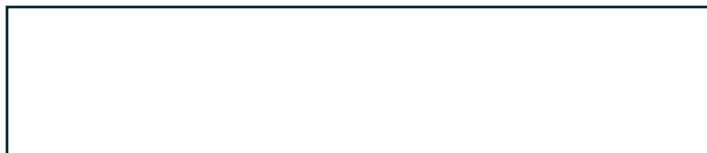
**This handbook is your go-to guide for everything about the Randolph County Veterans Treatment Court! It'll tell you all you need to know and what's expected from you as someone taking part in it.**

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**DO NOT LOSE THIS BOOK!**

It would be a great idea if you shared this handbook with your family and friends. They can really help cheer you on!

We're excited for you to make some awesome changes as you go through the Randolph County Veterans Treatment Court Program. This program is all about giving you support and encouragement to help you live a clean and sober life, free from trouble. The best part? You'll have a much better chance of staying drug-free and not having to deal with the criminal justice system anymore. You'll be well on your way to being a great member of society!



**What is past is a matter of history**  
**What is to come is a matter of choice.**

**This Book Belongs to**

**Name:** \_\_\_\_\_

**Case Manager:** \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Veteran Mentor:** \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Outpatient Program:** \_\_\_\_\_

Date Entered: \_\_\_\_\_

Date Completed: \_\_\_\_\_

Counselor's Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Individual Counseling:** \_\_\_\_\_

Date Entered: \_\_\_\_\_

Date Completed: \_\_\_\_\_

Counselor's Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Sponsor's Name:** \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Sponsor's Name:** \_\_\_\_\_

Phone Number: \_\_\_\_\_

My Phase Progression

<b>Phase</b>	<b>I</b>	<b>II</b>	<b>III</b>	<b>IV</b>	<b>V</b>	<b>Commencement</b>
<b>Date In</b>						
<b>Date Out</b>						

### **Veterans Treatment Court Program Description**

The Randolph County Veterans Treatment Court Program is a special program for veterans who have gotten into trouble with the law. It lasts about 13 to 18 months, and during this time, veterans get help through different types of treatment, like going to counseling or staying at a rehab center. There are five main stages in this program to help people stop using drugs or alcohol and stay out of trouble. Finishing all the stages can take from 13 -18 months, depending on how much help someone needs. First, they figure out what kind of help is best for you using something called the Comprehensive Clinician Assessment (CCA) which includes the ASAM and Substance Abuse Assessment. After finishing the residential part of your treatment, you will be linked to appropriate outpatient treatment.

### **Benefits**

When you successfully complete the Veterans Treatment Court Program, you will get the following rewards:

- You will be clean and sober
- You will have a job or will be furthering your education
- You will have a stable lifestyle
- You will have improved health
- You will be a contributing member of society

## **Residential/Inpatient Portion of the Veterans Treatment Court Program**

If you need serious help based on the CCA/clinical assessment by the treatment provider, you may have to go to another treatment facility. You need to listen to everything the staff at these places say. While you're in treatment, you may go through a couple phases.

If you finish the program successfully at any of those places, you can go back home to the Randolph County Veterans Treatment Court and start the phase you are best placed at, but if you don't complete your treatment there, they might send you home because you weren't ready to change. Then, the Veterans Treatment Court Team will suggest a different outpatient program that they think will help you, or you might get kicked out of the program altogether and have to face the consequences of your sentence.

## **Outpatient Program Phases of the Veteran's Treatment Court**

The Veterans Treatment Court is like a great program that helps veterans for at least a year, and it has 5 phases. Each phase has different goals and things you need to do to move on to the next level.

So, if someone needs some help but can do it from home, they start in Phase I and get sent to a local place for some serious outpatient help.

But if they need to stay in a treatment center for a while, they go to a place where they can live and focus on getting better for 1 to 12 months. Once they nail that and finish up, they'll move on to outpatient stuff and jump into the phase that is most appropriate of the program! It's like a journey to get back on track!

## **Outpatient Program Phases**

**Goal 1: Promote Public Safety and Reduce Recidivism**  
**Objectives**

- Identify justice-involved veterans who are eligible for the VTC program early in the criminal justice process.
- Reduce repeat offenses by addressing the root causes of criminal behavior, such as substance use, PTSD, TBI and other conditions.
- Monitor participants through regular court appearances, drug/alcohol testing, and supervision to ensure compliance and accountability.

**Goal 2: Facilitate Access to Treatment and Recovery Services**

**Objectives**

- Connect participants with individualized, evidence-based treatment plans in collaboration with the VA and local behavioral health providers.
- Ensure timely access to substance use disorder treatment, mental health services, housing employment support and other essential services.
- Coordinate care among stakeholders, including the VA, Department of Veterans Affairs Justice Outreach Specialists, local treatment providers and case managers.

**Goal 3: Support Veterans in their Recovery and Reintegration**

**Objectives:**

- Incorporate a strengths-based, trauma-informed approach that respects military culture and experience.
- Provide participants with structured mentorship opportunities through veteran peer mentors.
- Foster long-term success through skill building, education, and reintegration services that encourage independence and self-sufficiency.

**Goal 4: Ensure Accountability and Promote Program Integrity**

**Objective**

- Maintain consistent standards through a multidisciplinary team including the judge, prosecutor, defense counsel, probation, treatment providers and veterans services.
- Track and evaluate participant progress using measurable performance indicators.
- Uphold transparency, ethical practices, and fidelity to national VTC best practice standards.

**Goal 5: Strengthen Community and Interagency Collaboration**

**Objective**

- Build and sustain partnerships with federal, state and local agencies, including the US department of Veterans Affairs, and local law enforcement.
- Promote community awareness and education about the VTC's mission and outcomes.
- Seek continuous improvement through training, community input, and data-driven practices.

**Special/Travel Request or Passes:**

- Can be requested but may be approved or denied by Judge, Probation, DA

The graduation ceremony held in the courtroom is exciting! It's a special moment to celebrate how far you've come and to inspire others who are just starting their own journeys to work hard and chase their dreams too!

## **Supervision**

You have to show up at certain times at the Veterans Treatment Court to share how you're doing and hand in your support group attendance and sponsor paperwork. If you're crushing it, the Judge will totally cheer you on! But if you're slacking, they'll talk to you about what could happen next. And if you skip court? They'll issue a warrant for your arrest.

Plus, you'll have a Probation Officer from the Veterans Treatment Court keeping an eye on you. At first, they'll be checking in regularly, but as you move up in the program, you won't see them as much. They'll figure out how often to meet with you based on how you're doing and which phase you're in!

## **Drug Screens**

In the Veterans Treatment Court, the Probation Officer, Coordinator, Treatment Provider, or Police Officer will be in charge of drug tests. When it's your turn, a team member of the same gender will be there to supervise the test. They'll make sure everything is done right and keep track of the samples sent to the lab. It's important to know these rules, but remember, these are just some basic guidelines and there might be more to it!

- We're going to do drug tests a lot, at least two times a week in the first two phases. Sometimes the tests will be random, so you never know when it's coming! If someone doesn't show up for a test, it's like they failed, and they'll get in trouble for it. So remember, they can ask you to take a test whenever they want, so stay on your toes!
- If you're a client, you have to be super careful about what you put in your body. This means stuff like cough medicine with dextromethorphan, alcohol, or any prescription drugs that you didn't get from your doctor! If you want to take something from the Approved Medication list, you're good to go without asking anyone. But if it's not on that list, you need to get the thumbs up from your Case Manager before you take it. Also, if you have a prescription, it has to be cleared with

your case manager first, unless we're talking about an emergency where you need help right away! So remember to stay safe and check first!

- Drinking a ton of fluids before a test can make the sample look “invalid.” If the lab sees that your sample is too watery from the field tests, they’ll test it for sure. Trying to trick the system by chugging a bunch of water or using fancy cleansing products can get you in trouble and lead to serious consequences!
- When you're giving a sample, a staff member of the same gender will watch you. You need to stand in a way that makes it easy for them to see what’s happening when you pee. Also, before and after you give your sample, you must wash your hands really well! If anyone tries to mess with the sample, there will be serious consequences, like getting kicked out of the program.
- All the tests at the site have a special strip that checks if the sample is tampered with. If it is, your sample goes to the lab for a double-check, and they’ll mark it on the form.
- The staff will make sure that the area is super clean and nothing weird is around when you give your sample. Everyone who handles the pee needs to wear gloves, like they’re in a doctor’s office. And remember to take off any jackets or long sleeves before the test because you want to keep things clear!
- After you fill up the sample container, put the lid back on and dry it off with a paper towel before handing it to the staff. You’re also responsible for making sure all your info on the container is right and easy to read, especially if it’s going to the lab.
- Once you pass your sample to the collector, you’ll need to sign a paper saying it’s theirs now. The person running the test will sign it too! Lastly, your Case Manager will tell you your results as soon as they get them back. If it’s a positive result, everyone on your team will know through email or a phone call within one day.
- If you’re a client, you might have to take a test at any random time, just because! If you don’t do it, you could be in big trouble.

- When it's time to test, you have to give your pee sample within two hours. They might even let you drink some water to help out. But if you don't give them your pee, that's an instant no-no!
- If you try to mess with the sample or give someone else's pee, your team will hear about it through a call or email.
- If you end up testing positive or don't show up for the test, guess what? You'll face consequences at the next Veterans Treatment Court meeting. So, it's super important to play by the rules!

## **Treatment**

The team of treatment people will develop a plan after checking out how the client is doing with their Alcohol and Drug Assessment. But wait! The Veterans Treatment Court Team has to give a thumbs up before it can start. This treatment isn't just about drugs and alcohol; it includes stuff like life skills, jobs, school, and how to live! Plus, everyone has to jump in and do some 12-Step stuff and get a sponsor to help them along the way. It's like having a mentor who totally has your back!

## **Incentives**

The Randolph County Veterans Treatment Court wants to celebrate and reward all the great things you do in life that help you stay away from drugs and be a good citizen. Here are some examples of awesome achievements that the Court will acknowledge and some fun rewards they might give you for those achievements!

### **Examples of Achievements:**

- Educational achievements including behaviors, attendance, and grades
- Volunteer work within the community in addition to the required community service project hours
- Self-improvement classes that build mind, body, or soul
- Completion of programs and phases Possible

## **Possible Incentives:**

- Less restrictive curfew
- Certificates of achievement
- Fewer office appointments and/or Court Hearings
- Praise from the bench and the team

## **Violations and Punishments**

When you're in the Veterans Treatment Court, they expect you to follow the rules, and if you don't, there are consequences! They call these consequences 'sanctions.' Let's break this down a bit. First off, they look at everyone as an individual, so what might happen to one person can be different for another. That means they'll think about your unique situation before deciding what to do if there's a problem.

In the first 90 days of the program, following the rules is extremely important! If you mess up or test positive for drugs, the punishments might be tougher. They will check out each case closely before making a choice. In the end, the Judge is the one who gets the final say on what happens, and what they decide may not even be what the Veterans Treatment Court Team suggested.

### **Here are some Major Violations:**

- Using drugs, including alcohol.
- Refusing to take drug tests or messing with the samples.
- Ignoring advice from your treatment experts.
- Not telling them if you change jobs or where you're living.
- Breaking curfew or leaving house arrest.
- Not reporting any new arrests.
- Getting a new charge is a huge deal!

### **Minor Violations:**

- Missing curfew.
- Not calling your support staff back when they reach out.
- Forgetting to say if your work schedule changes.
- Not letting them know about a new address or phone number right away.
- Not turning in papers that you need to every week.
- Not being very helpful with the court.

- Skipping support group meetings.
- Not being home for random check-ins.
- Not paying your court fees.

**If you keep making minor mistakes, they could end up being treated as major ones. So remember, it's important to stay on track and follow the rules!**

**Sanctions:** This is about keeping you on track with your treatment and helping you not mess up with drugs, alcohol, or the rules of the Veterans Treatment Court. Here's what could happen if you go off course:

- You might get a talking-to by the judge.
- You'll have to go to sobriety support group meetings more often.
- The judge might make your curfew stricter, so less late-night fun!
- You could have to meet with your case manager or show up to court more often.
- If things get really bad, you could be taken into custody.
- You might need to do some community service, helping out around your community.
- You could get tested for drugs or alcohol more frequently.
- If the judge decides you're just not trying, you could get kicked out of the Veterans Treatment Court and sent back to face your original sentence.

## **Termination from the Program**

Now, if you want to leave the program on your own, you can! Just remember to tell the Veterans Treatment Court Judge you made that choice, and they'll send you back to the judge who sentenced you before. But be careful, the judge has the power to give you a new sentence or even make it longer, meaning you could end up in jail or prison.

Also, if the judge thinks you're not following the program rules, not passing drug tests, or not changing your attitude for the better, he could kick you out too. Again, this could result in more time behind bars. So, it's super important to stay on top of things and follow the rules!

## **Confidentiality is Key**

Your privacy matters a lot in the Veterans Treatment Court Program! They will do everything to keep your name secret when it comes to research or evaluations. If they ever want to use your name in any articles, they'll ask you first. By joining the program, you're letting your treatment provider share info with your lawyer, the District Attorney, and the Veterans Treatment Court.

### **What to Bring to Court:**

So, when you go to court, don't forget these important things:

1. Your paycheck
2. Meeting notes
3. Sponsor contact info
4. Receipts for costs like court fees and probation
5. Any paperwork you've been given
6. A calendar or schedule to track your appointments

**Remember, any rewards, punishments, or finishing up in the program depend on what the court decides!**

## **Rules of the Veterans Treatment Court Program**

When you're a part of the Veterans Treatment Court Program, you need to follow these rules:

1. No Drugs or Alcohol:
  - a. No drinking or buying alcohol, and definitely no illegal drugs!
  - b. Avoid places where they sell or use alcohol or drugs.
  - c. Don't hang out in bars, clubs, or parties where they serve drinks.
  - d. Never show up to court under the influence or with any illegal stuff on you.
  
2. Court Behavior:
  - a. Stay quiet during court sessions!
  - b. Dress right for court:
    - Keep your shirt tucked in
    - No tank tops, muscle shirts, or anything with bad words or images
    - No sagging pants

- No hats or do-rags
  - No gang clothing
  - Leave your phone at home
  - No shorts allowed
- c. Make sure not to lean against anything in the courtroom!
  - d. no food or drinks allowed because
  - e. You have to stay in there until the judge says you can leave
  - f. No swearing!
  - g. Speak clearly when you talk to the judge or any court officials—no mumbling allowed
  - h. You also need to show up on time for all your court dates and sit down right away

3, Follow all the laws and not get into any trouble! No violence or threats of violence!

- a. If you do something illegal, you could be kicked out of the VTC Program, and they might bring back your old sentence.
- b. No carrying weapons. You can't break any laws at all or pretend that something isn't true when talking to the government.
- c. Be a good citizen and act like you should.
- d. If you meet any police officers, you need to let them know you're part of the VTC Program.

4. Also, steer clear of anyone who has a criminal record

- a. No chatting with people on probation, ex-prisoners, or anyone with a record unless they're in the VTC Program or the judge says it's okay first.

5. Make sure to keep in touch with your Case Manager like you're supposed to

6. Complete any community service hours the VTC tells you to do.

7. Finally, if you are told to take any kind of therapy or treatment, follow the directions.

8. Follow the rules.

- a. you have to show up for all your counseling sessions and don't be late!
- b. It's important to also make your VTC appointments on time.
- c. Finish all your counseling homework and really get involved in the sessions.
- d. Keep making progress based on what the program says, like moving up in phases.
- e. If you get any medications from a doctor, tell your Case Manager about it before you start taking them. Don't forget to get the Doctor's Visit Form from your Case Mgr.
- f. Make sure you go to all the AA/NA meetings!

g. You'll also need to sit down with your sponsor every week to work on the 12-Step program.

9. Be sure to be on time for everything that the VTC and other program leaders ask of you. This includes treatment and counseling programs, educational stuff, job training, your Case Manager, community service, and anything else that helps you get better.

10. You might have to take a drug test (urinalysis) if VTC asks, even if it's not your scheduled day. If you say no, change a test, or just don't show up, it'll count as a positive test result and there will be consequences. So just stick to the plan, and you'll do great! Remember, it's all about moving forward and getting better!

11. You have to keep busy by working, going to school, or getting treatment just like the VTC Judge says.

a. If you can work, you need to have a full-time job (or at least a part-time gig that's okay with the VTC) unless you're in school or treatment. When we say 'job', we mean one where you actually get paid and taxes get taken out!

b. Before you start any job, make sure the VTC gives you the thumbs up. If you don't have a job, you'll need to do 30 hours of community service and search for a job for 10 hours. You'll also need to show proof of this to your Case Manager.

c. If you totally flunk out of finding work or goof off and don't go to school, you could get kicked out of the program.

12. If anything changes with your job or where you live, you have to let the VTC know.

a. You can't just pack up and leave North Carolina without asking first

b. Changing your address, phone number, or job? Gotta check in with the VTC before doing that.

c. You're also expected to stay employed as long as you can!

d. If you think about changing jobs, give VTC a heads-up.

e. If you're moving or switching your phone number, same thing—let them know!

13. You have to be super cooperative with everyone on the VTC team.

a. Answer their questions honestly, **THIS IS THE MOST IMPORTANT RULE. EVEN IF YOU MESS UP BE HONEST AND IT WILL BE RESPECTED BY THE TEAM AND JUDGE!!**

b. If representatives of the team want to visit your home or job, you gotta let them in

c. Follow any instructions they give you and stick to what the Judge or VTC officials say.

d. They may check your stuff—your room, car, or anything personal—at any time because that's just part of the deal!

14. You have to sign papers that let the VTC and your treatment people share your info.
- a. This is super important for them to check if you're following the program, and if you don't sign, you might not get to stay in the program.
  - b. Also, once you sign, you can't take it back until you finish the VTC program or leave it.

15. You need to pay for everything like court fees, treatment costs, and the rest of the things that the VTC wants, all the way to paying for tests if the Judge tells you to.
- a. You can pay these with cash or a special check to the Court Clerk's Office.
  - b. Just so you know, there could be extra treatment fees based on what your specific program needs.

16. If you don't follow the rules, you could face some punishments like extra tasks or needing more treatment from the VTC.

17. House Arrest

- a. That means you stay at home for a certain time. The Case Manager or Supervisor will check on you by visiting or calling.
- b. You've got to tell the VTC if you plan to move or change your phone number.

## **Courtroom Rules**

**ALWAYS BE HONEST !!! EVEN IF YOU DO SOMETHING YOU'RE NOT SUPPOSED TO. THE JUDGE WILL RESPECT YOU FOR IT!!!**

- Be on time! Everyone has to show up right when court starts.
- Keep quiet when court is in session!
- You can't just walk up to the judge; ask first or wait until they call you up.
- You can't sit at the lawyer table in the courtroom unless they ask you to
- No flip flops or sandals, and NO wearing hats, sunglasses, shorts, or tank tops in court.
- If you've had any drinks or illegal stuff, you can't be in court at all.
- No weapons allowed in here, not even tiny ones!
- Leave your cell phones at home or in the car; they're not allowed.
- No chewing gum, eating, or drinking while you're in the courtroom.

## **Graduation from Veterans Treatment Court**

When you finish Phase V, you can ask the Judge if you can graduate! They will give you a Commencement Questionnaire to fill out and send back to your Coordinator or Probation Officer. Then the VTC will pick a day for you to meet the VTC Team, who will decide if you're ready to graduate. If they think you can graduate, you'll get to celebrate at the next Commencement Ceremony! But if they say you need to do some extra stuff before you graduate, you have to do that first and then ask again. You have to keep coming back to the Veterans Treatment Court Team until they say you can graduate!

**WHERE NOW? IT'S UP TO YOU!!**

**Destiny is no matter of chance. It is a matter of choice.**

**It is not a thing to be waited for; it is a thing to be achieved.**

**The self is not something ready-made, but something in continuous formation through choice of action.**

**- John Dewey**

**Let your friends be the friends of your deliberate CHOICE.**

**The great thing in the world is not so much where we stand, but in what direction we are moving... -Oliver Wendall Holmes**

## **Continuing Care Program**

Continuing aftercare is required for all participants for 2 yrs after successfully completing Phase 5 and graduating the program. You must check in every month with your coordinator for 6 months after graduating and then every 3 months until 2 yrs is up.

**Please ask your Defense Attorney to go over these with you:**

## APPENDIX B

### Contractual Agreement

#### RANDOLPH COUNTY VETERANS TREATMENT COURT PARTICIPATION AGREEMENT

I, \_\_\_\_\_, have been accepted as a participant in the  
Randolph

County Veterans Treatment Court (VTC) Program. I understand that if I successfully complete the VTC Program my plea arrangement will take place (unless I am entering the program on a probation violation). I agree to do the following while participating in Veterans Court:

1. I will be a resident of Randolph County. I will notify Randolph County Adult Probation prior to leaving Randolph County. Absconding from the program may result in my termination from the program.
2. I will obtain drug free stable housing.
3. I will follow all the conditions and rules of the VTC, the program staff, the treatment provider and probation.
4. I agree to sign any and all releases necessary to monitor my progress and further treatment goals. I further agree to sign releases, which will allow the VTC to review diagnostic and treatment information.
5. I will submit to regular drug screens up to 2 times per week and as much as 7 times per week. A missed screen or a diluted screen will be treated as a positive screen.
6. I will not drink any fluid excessively before testing and must avoid environmental contaminants, over-the-counter medications, or foods that can reduce the accuracy of the tests.
7. I will be sanctioned for using synthetic substances such as K2 or Spice that are designed to avoid detection by standard drug tests. Switching to a new substance of abuse (for example, switching from heroin to an unauthorized prescription opioid) will be presumed to be an effort to defraud the drug test. You may receive two sanctions in such circumstances, one for the substance use and one for the effort at deception.
8. I agree not to eat or consume any poppy seeds or substances that contain poppy seeds while in the Program. I understand that consuming poppy seeds will not be a valid defense against a positive drug test for morphine or any morphine derivative. I agree not to

consume any products (i.e., cough syrup, mouth wash, hand sanitizer, non-alcoholic beer, etc.) containing alcohol while in the program. I understand that using any product containing alcohol is not a valid defense against a positive for alcohol. I understand I will get permission from the probation officers and coordinator before consuming any over the counter medications, vitamins, etc.

9. I am not allowed to use or possess alcohol, illicit drugs, synthetic substances, medical marijuana, CBD products and certain (addictive) prescription drugs while in the VTC program. I am also not allowed to use energy drinks, detoxification and/or colon cleansing products. I may only use prescribed medications under the direction of a licensed medical provider, and all over-the-counter medications should be carefully screened and used only as directed on the label. Certain narcotics, opioids, benzodiazepines and stimulants are not allowed, even with a prescription, except in emergency situations or with court approval. I will not be permitted to consume any substance that contains alcohol, poppy seeds or CBD products. I must notify the VTC team of any and all medications they are prescribed and/or over the counter products they are taking and take all medications to your treatment provider for lab review. Finally, I understand that E-Cigs/Vapors may cause a positive test result during drug testing. If I chose to use E-Cigs and /or Vapors, I will be taking a chance at testing positive on my urine screen or oral swab. If I test positive you will be sanctioned by the Court and cannot use the fact that I smoked E-Cigs and/or Vapors as an excuse for the positive result.

10. I understand I am not allowed to be in an environment where there is drinking, drugs or gambling. In order to fully engage in a recovery program, you will not be allowed to enter establishments or participate in events where drugs, alcohol or gambling are present.

11. I agree that I will notify Adult Supervision (Probation) of any and all medications, health issues, and medical appointments.

12. I agree to enlist and participate in the Program for a minimum of 16 to 24 months and any additional time leading up to formal graduation. I agree to engage in any educational, treatment or other appropriate program as ordered by the court. I agree to follow additional terms as indicated by the court, program staff, and/or treatment staff. Furthermore, I agree to complete all treatment to the satisfaction of the court and Team.

13. I agree that the court may require me to seek and keep a job, attend counseling, work toward and complete my GED if needed and/or further education as part of my treatment program. If I am disabled, I will provide proof of my disability, however, I will find something to keep my time meaningfully engaged (i.e. volunteer work, community hours, etc.)

14. I agree to report as directed, and to make all court appearances as ordered. I agree to keep the court, program staff, Veteran Mentor and treatment provider and probation informed of my current address at all times. I will report a change of address prior to any

change. I agree and understand that I must always get permission from the probation office before spending any nights outside my approved residence, even if it is only one. If I do not get approval, I will not assume I have permission. I understand if I do not abide by this rule, I will be sanctioned.

15. I will use my assigned Mentor as a support. I will have one face-to-face contact with my mentor on non-court weeks. I can request an alternative mentor at any point during the program.

16. I will attend every VTC session as scheduled, arrive on time, and remain through the entire VTC session.

17. I will consent to random searches of person, property, phones, and all social media (including but not limited to applications/websites, photos, messages, calls on any/all phones, tablets, electronic devices available to or used by the client) by Adult Supervision, the Court Coordinator, or any treatment provider that I am seeking services from.

18. I will not borrow money from or loan money to another VTC participant or Mentor.

19. If ordered, I will be required to wear an electronic monitoring device.

20. If ordered, I will be required to abide by a curfew. I also expect home visits from the Adult Supervision team (probation) and will work with the Adult Supervision team to follow all of their instructions, rules, and policies.

21. I will dress appropriately for court, probation appointments, treatment sessions and Coordinator meetings. (No ripped or tattered clothing, no halter or tank tops, no mini- skirts or shorts, no hats, bandanas or visors, and no clothing with offensive language, pictures or gang-related slogans).

22. I understand that I may be required to perform community service. These hours will begin once the probation office has set up a location for me complete my hours. I understand it is my responsibility to talk to the probation office about getting my location set up.

23. I understand that if I am terminated from the program and sentenced, I will not get any sentence credits except actual time spent in custody. I understand that if I have any questions concerning sentencing, I should discuss this with my attorney before starting this program.

24. I understand that if I choose to forge my recovery related meeting sheets, I will be sanctioned. I understand that it is better to advise the team that I failed to attend all required meetings rather than forging my sheets. I understand that forging my sheets could cause me to get terminated/discharged from VTC.

25. I understand that dating or being intimately involved with another drug court participant, VTC participant, or anyone in my treatment groups could cause me to be terminated/discharged from VTC.

26. I understand that my charges will not be dismissed if I am removed/terminated/dishonorably discharged from the Program. In that event, I will be sentenced according to the guilty plea at the time I entered the program.

27. My participation in the program can be terminated if:

- a) I do not make progress toward satisfactorily completing VTC; or
- b) Absconding from the program for more than 30 days
- c) Fail to appear in court and not having face-to-face contact with probation within 30 days of the missed court date
- d) I have exhausted all supervision options (i.e., "quick dips") and/or treatment options; or
- e) I refuse a search of my person, property, phone, social media, or electronic device by probation;
- f) I commit a violent misdemeanor or any felony; or
- g) I commit an assault, threaten or attempt to threaten, any treatment provider, counselor, probation officer, or other participant in the VTC Program; or
- h) I am actively involved with any criminal gang or become involved in any gang-related activity, or
- i) I fail to pay any fees or perform services as ordered by the court; or
- j) I choose to forge my meeting sheets and/or those belonging to any other participants; or
- k) I choose to provide urine for another court participant either for probation or treatment;
- l) If I test positive for any synthetics, including K2 and bath salts or are caught with synthetics by law enforcement or anyone on the drug court team; or
- m) I choose to date another VTC participant or anyone in my treatment groups.

28. I agree that if I test positive for alcohol or other drugs, fail to appear in court, fail to follow this contract or pick up charges of new criminal offenses, the court can give sanctions within the program rather than terminate/dischARGE me from VTC. For example, the Judge can do any of the following:

- a) An extension of treatment or a more intensive treatment plan, which could include Detox, more intensive outpatient, or residential treatment
- b) Jail time. I understand that any time served would be as a sentenced inmate on the charge to which I entered my guilty plea should I not complete this program

- c) Perform community service
- d) Completion of essay to read to the VTC team and other participants during court proceedings
- e) Extend the amount of enlistment time I will spend in the program
- f) Issue a bench warrant for my arrest
- g) Terminate/Discharge me from the program and impose judgment and sentence.

29. I understand that upon successful completion of the treatment program and having followed the conditions of the contract to the satisfaction of the court, the agreed-upon arrangement made at the time of my admission to VTC will occur.

30. I understand that I have the right to an attorney during all court proceedings. An attorney will be appointed for me through this program.

31. I understand that if I have any questions concerning VTC, I should discuss the matter with my attorney or the Program Coordinator.

32. I declare that the statements written above have been read by me or to me, and I understand and agree to each of the above statements and conditions.

I have read the Participant Agreement and Handbook. If I am unable to read, it has been read and explained to me, and I understand what will be required as a participant in VTC.

VTC PARTICIPANT / DATE: \_\_\_\_\_

WITNESS / DATE: \_\_\_\_\_

## Randolph County, 37<sup>th</sup> Judicial District Veterans' Treatment Court

### Consent for Release of Confidential Information

I, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_ hereby authorize the following entities:

NAME OF (POTENTIAL) PARTICIPANT

DATE OF BIRTH

SOCIAL SECURITY NUMBER

- Trillium Health
- Randolph County District Attorney's Office
- Randolph County Sheriff's Office
- Compliance Monitoring Systems
- Defense Attorney, Nick Patrick, Beverly Spencer or other appointee
- Daymark Recovery
- Asheboro Police Department
- Brightview
- NC Department of Corrections
- NC Department of Labor
- Randolph County Department of Public Health and Human Services
- Randolph County 37<sup>th</sup> Judicial District Veterans' Treatment Court
- Office of Public Defender
- United States Attorney's Office
- United States District Court
- United States Probation and Pretrial Services
- Veterans Administration
- Vet Center
- Veterans Inc.
- Volunteers of America

to communicate with and disclose to one another the following information:

<input checked="" type="checkbox"/> Weekly Treatment Reports	<input checked="" type="checkbox"/> Treatment Plan Modifications	<input checked="" type="checkbox"/> Admit and Discharge Dates
<input checked="" type="checkbox"/> Treatment Plan/Update	<input checked="" type="checkbox"/> Case Management Plan Updates	<input checked="" type="checkbox"/> Medications
<input checked="" type="checkbox"/> Physical Examination	<input checked="" type="checkbox"/> Release/Discharge Summary	<input checked="" type="checkbox"/> Mental Health Exam
<input checked="" type="checkbox"/> <b>Other - List specific document(s) or information:</b> <u>Mental Health Diagnosis, Psychiatric History, Psychiatric Evaluation/Report, Medications History, History of Hospitalizations for Psychiatric Treatment, Dates of Treatment, Urinalysis Results, Drug and Alcohol Treatment Records.</u>		

**Information is being released for the following purpose:** Application, admission, enrollment, and participation in the Montana 8<sup>th</sup> Judicial District Veterans’ Treatment Court.

**Date, event, or condition when consent expires:** Denial, graduation, or termination from the Randolph County 37<sup>th</sup> Judicial District Veterans’ Treatment Court.

I understand the records requested may be protected under 42 C.F.R. Part 2, governing Alcohol and Drug Abuse patient records; the Health Insurance Portability and Accountability Act (HIPAA) of 1996; 45 C.F.R. Parts 160 and 164; and state confidentiality laws and regulations and cannot be released without my consent unless otherwise provided for by regulations. State and federal regulations prohibit any further disclosure of such records without my specific written consent or then otherwise permitted by such regulation.

I understand I may be denied services if I refuse to consent to a disclosure for purposes of treatment, payment, or health care operations, if permitted by state law. I will not be denied services if I refuse to consent to a disclosure for other purposes. I recognize my review hearings are held in an open and public courtroom and it is possible an observer could connect my identity with the fact I am in treatment as a condition of participation in Treatment Court. I specifically consent to this potential disclosure to third persons.

**I understand if I refuse to consent to disclosure or attempt to revoke my consent prior to the expiration of this consent, such action is grounds for immediate termination from Veterans Treatment Court. I have been provided a copy of this form. I acknowledge I have been advised of my rights, have received a copy of the advisement, and have had the benefit of legal counsel or have voluntarily waived the right to an attorney. I am not under the influence of drugs or alcohol. I fully understand my rights and I am signing this consent voluntarily.**

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_

**PROHIBITION ON REDISCLOSURE OF CONFIDENTIAL INFORMATION**

This notice accompanies a disclosure of information concerning a client in alcohol/drug treatment, made to you with the consent of such client. This information has been disclosed to you from records protected by federal confidentiality rules (42 C.F.R. Part 2). The federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R. Part 2. A general authorization for the release of medical or other information is **NOT** sufficient for this purpose. The federal rules restrict any use of this information to criminally investigate or prosecute any alcohol or drug abuse patient.

**MEDICAL/DENTAL MEDICATION FORM**

**Participant Name:** \_\_\_\_\_

RANDOLPH COUNTY 37<sup>TH</sup> JUDICIAL DISTRICT  
VETERANS’ TREATMENT COURT

176 East Salisbury St. Asheboro NC 27203

(336)521-0329

- 
- This notification is to inform you that the above-named individual is currently a participant in the Randolph County 37<sup>th</sup> Judicial District Veterans’ Treatment Court and is diagnosed with a substance use disorder.
  - Medical providers prescribing medications such as opioids or narcotics, amphetamines, or other controlled substances are advised to evaluate the medical necessity of these medications given the participant’s substance use disorder.
  - As part of a structured, judicially supervised treatment program, the Treatment Court participants are frequently subjected to random drug/alcohol testing. This form is required for our testing and monitoring. ***Therefore, all medications and treatment procedures should be prescribed with this information in mind.***

_____ MEDICAL FACILITY/CLINIC
_____ PHYSICIAN’S NAME (PLEASE PRINT)

Diagnosis/Treatment: \_\_\_\_\_

Prescriptions: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

PLEASE SPECIFY MEDICATION TYPE AND DOSAGE

Instructions for Patient: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**DATE**

**SIGNATURE OF PHYSICIAN**

**MUST BE FILLED OUT AT TIME OF VISIT ONLY!**

appendix e – prohibited substances

The list below provides an example of substances and medications that are **prohibited**. **This is not a complete list**. For further clarification of any drug and/or medication not listed, please contact the Coordinator.

Maintaining a drug free lifestyle is very important in the recovery process. Participants are prohibited from using illegal drugs and alcohol (in any form) and must have over the counter or prescribed medications approved prior to purchasing or ingesting.

Any and all “designer stimulants/drugs” that can be purchased legally or illegally are strictly prohibited. Any and all “smoking mixtures” (other than products specifically designated to contain only tobacco- for Adults only) are strictly prohibited. Any and all products sold or marketed under false pretenses with the warning “not for human consumption” are strictly prohibited. Using and/or being in possession of any substance intended to replace an otherwise illegal/prohibited substance is strictly prohibited and may result in immediate expulsion from the program.

Examples of Prohibited Substances/ Medication Classifications	Examples of substances prohibited in ALL Problem-Solving Court Programs. For medications, the brand name is in ( ) if the generic name is also listed. Many over the counter medications are also listed. For illicit drugs, examples of “street” names are included.
Alcohol (In Any Form)	Alcoholic beverages, powders, creams, vapors, medications containing alcohol (cough syrups/liquid-caps such as Nyquil and Robitussin), energy drinks containing alcohol, foods containing alcohol
Amphetamine	Adderall, Adipost, Benzedrine, Cartwheels, Dexedrine, Dexatrim, Didrex, Molly, Phentermine (Adipex), Preludin, Ritalin, Speed, Vyvanse, White, and any medications containing Pseudoephedrine such as Alka-Seltzer Cold, Claritin-D, Comtrex Acute, Contac Cold Maximum, Coricidin, Dayquil/Nyquil, Dimetapp, Dristan Maximum, Robitussin, Sinarest, Sudafed, Tavist Allergy, Tylenol Cold or Allergy <b>There are non-pseudoephedrine “D” versions available in almost all of these.</b>
Barbiturate	Allobarbital, Amobarbital, Barbital, Butalbital (Fiorinal), Downers, Goofballs, Pentobarbital, Phenobarbital (Luminal), Pinks, Reds, Yellow Jackets
Benzodiazepine	Alprazolam (Xanax, Niravam), BZDs, Candy, Clonazepam (Klonopin), Chlordiazepoxide (Librium), Diazepam (Valium), Flunirazepam (Rohypnol), Lorazepam (Ativan), Oxaprozin (Daypro), Oxazepam (Serax), Qual, Tranx
Cocaine	Big C, Blow, Charlie, Crack, Mojo, Powder, Rock, Snow, Toot
Dextromethorphan “DM”	Cold and flu medications and cough suppressants such as Alka-Seltzer Cold, Comtrex Acute, Contac Cold Maximum, Coricidin, Dayquil/Nyquil, Dimetapp, Dristan Maximum, Robitussin, Sudafed, Triaminic, Tylenol Cold, Vicks 44. <b>There are non-dextromethorphan “DM” versions available of almost all of these.</b>

Hallucinogens	Dimethyltryptamine (DMT), Ecstasy “Molly”, Ketamine, LSD, Methoxetamine, Methylenedioxypropylvalerone (MDPV), Mushrooms, PCP, Tryptamine, Inhalants
Methamphetamine	Black Beauties, Chalk, Crank, Crystal, Glass, Ice, Meth, Tweak, Uppers
Miscellaneous Substances, including natural and designer stimulants and synthetic substances	All Inhalants, All Synthetic substances, Appetite Suppressants- most are prohibited, Bath Salts, Cathinones, Cyclobenzaprine (Flexeril), Diphenhydramine (Benadryl), Caffeine Pills, Flakka, Ketamine, Khat, Kratom, Krokodil, Mescaline, Mephedrone, Poppy Seeds and/or foods containing poppy seeds, Steroids, Soma, Xyrem (GHB), Anything labeled “Not for Human Consumption”.
Opioids (including Opioid-based substances/Opioid-similar substances)	Codeine (cough meds, Tylenol 3), Fentanyl (Actiq, Duragesic), Heroin, Hillbilly, Hydro, Hydrocodone (Lortab, Loracet, Norco, Vicodin, Vicoprofen), Hydromorphone (Dilaudid, Exalgo), Kickers, Meperidine (Demerol), Monkey, Morphine (Avinza, Kadian, MS Contin, Nucynta ER, Opana ER, Zohydro), Morphine Sulfate, Oxycodone (Oxycontin, Percodan, Percocet, Roxicet, Roxycodone), Pancakes & Syrup, Poppy Seeds and/or foods containing poppy seeds, Propoxyphene (Darvocet, Darvon), School Boy, Tramadol (Ultram), Watson
THC (Marijuana)	All forms of illegal or legal Cannabinoids, Marijuana, Medical Marijuana, Blunt, Bud, Dope, Grass, Herb, Joint, Mary Jane, Pot, Weed. This includes any CBD, Delta 8 and Delta 10 products.

Your signature below verifies that you have read and understand that these are PROHIBITED substances.

\_\_\_\_\_

Participant Signature

\_\_\_\_\_

Date

\_\_\_\_\_

Printed Name